

Hairston –Gallant Suggested Activity Options

Friday Night: Town Point Park

- AT&T Fresh Catch Friday: Every Friday in August- Free Admission, Live music, Food and Drink for Purchase.

<http://festevents.org/venues/town-point-park/>

AMF Bowling Lanes – Norfolk: 2441 E. Little Creek Rd Norfolk, VA 23518

- Pay and Play
- Group rates are available (will need # of those interested for quote)

<http://www.amf.com/norfolklanes>

Saturday Suggested Activities

Lunch: On your own enjoy seafood, American or international dishes at any of the suggested restaurants downtown, at the mall or elsewhere.

<http://www.marriott.com/hotels/things-to-do.mi?marshaCode=orfws&cityId=740&category=24>

Spa Outing: Selection can be made based on participation or individual

- Elite European Day Spa Hill Top (services \$40+)

<http://www.eliteeuropeandayspa.com/>

- Bay Bliss Spa

<https://www.bayblissdayspa.com/Massage.html>

Bounce House : 5900 East Virginia Beach Blvd Suite 30 | Norfolk, VA 23502 | (757) 455 9075 | Mon-Sat 10am-8pm

- Open Jump at the Bounce House allows your child to play until they are exhausted on exciting inflatables – and plenty of places to run
- Special place for smaller kids with inflatables for toddlers & temperature-controlled inflatable playgrounds
- Adult admission is free, but parents are expected to watch their children in the play area. No shoes are allowed

<http://bouncehousellc.com/norfolk/tour-the-norfolk-bounce-house/>

Virginia Zoological Park:

Group Rate:

- Adults \$10
- Children \$8
- Seniors \$9
- Children under 2: Free

Individual rates:

- Adults \$11
- Children: \$9 (ages 2-11)
- Senior Citizens: \$10 (ages 62 and older)
- With Valid Military I.D.: \$10
- Current AAA Member: \$10
- Children under 2: Free

<https://zootix.norfolk.gov/Info.aspx?EventID=3>

Norfolk Botanical Garden:

- Adults \$11 (\$1.00 coupon available towards adult admission)
- Children \$9 (2 and under Free)
- Seniors \$10

<http://norfolkbotanicalgarden.org/>

American Rover Sailing Cruises

- 2 Hour Daytime Harbor Cruise
- 1:30 pm
- Adults \$18 | Children \$11 (group rate of \$15 or more)

<http://www.americanrover.com/pages%2FAmerican%20Rover%202013%20Group%20Rates.pdf>

Nauticus: One Waterside Drive, Norfolk, VA 23510 P: 757-664-1000 Toll Free: 800-664-1080

- Nauticus is an interactive, maritime-themed science center that features world-class exhibits, high-definition films, The Battleship Wisconsin and the Hampton Roads Naval Museum.
- Nauticus is a contemporary museum that uses the natural setting of Norfolk's harbor to showcase global maritime commerce and the world's largest Navy.
- WHITE TICKET - Adults: \$15.95, Children: \$11.50 (Ages 4-12)
- Self-Guided Battleship Tour, All Of Nauticus & 3D Theater
- Children (ages 3 & under) Free (Except where age restriction applies)
- Members Free
- AAA, Senior, Retired Military and Veterans \$14.95 (White Ticket Only)
- Military active duty.....Gold - \$32.95, White - \$12.95

Shopping:

- Mac Arthur Mall

http://www.shopmacarthur.com/about_us

A Day at the Beach:

- Virginia Beach

Downtown (shuttle service available)

- Shops, restaurants, museums etc.

Additional **FREE Things to do in Norfolk**

Trail Walking & Off-Road Biking [The Elizabeth River Trail](#) provides paths for trail walking or off-road biking. Go from the Norfolk Naval Base, in the northern part of the city, into downtown Norfolk

Hampton Road Naval Museum: The Hampton Roads Naval Museum is an official museum of the United States Navy and reports to the Naval History and Heritage Command in Washington, D.C. The museum is dedicated to the study of 235 years of naval history in the Hampton Roads region. The museum assists the City of Norfolk and Nauticus: The National Maritime Center with docent training and management of the small artifact collection concerning the battleship Wisconsin. **Visit** <http://www.nauticus.org> for general information related to operations and status of battleship Wisconsin.

The Hampton Roads Naval Museum has been accredited by the American Association of Museum. See <http://www.aam-us.org/museumresources/accred/about.cfm> for more information about this honor.

Chrysler Museum of Art

- Sparkling new cafe, new gardens, increased accessibility, expanded Wi-Fi—and dozens of reinvented galleries.
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<http://www.chrysler.org/about-the-museum/>

After Hours Events

Elite Late Night Cruise: Club Norfolk Moonlight Cruise

<http://www.spiritofnorfolk.com/Norfolk/home?src=google&loc=norfolk&ad=cruise&gclid=CJ-Vir6w3a8CFaYBQAodA3WNCA>

- Includes:
 - Two hours of cruising fun on the Elizabeth River
 - Professional DJ & Top-40 dance hits
 - Spectacular late-night views of Norfolk
 - The largest outdoor deck in Norfolk
 - Cash bar service
 - Guaranteed Seating is not included on Moonlight Cruises but can be pre-purchased with your reservation
 - Boarding at 11:30
 - Cruising Midnight to 2:00am
- Price: from \$29.90 per adult
All passengers must be 21 or older with ID
Must be 21+ with valid photo ID required to board

Name: Granby Theater

Address: 421 Granby Street
Norfolk, VA 23510

Phone Number (757) 961-7208

Fax Number (757) 227-3130

Web Address www.granbytheater.com

Mapquest Link [Click Here](#)

Hours Doors open at 9pm, no cover before 10:30pm

Description Thursday - Saturday as showcased in "Club International" magazine, The historic Granby Theater is a masterful blend of "Big City" clubs throughout the world offering a friendly, classy, dress-to-impress, 21 and older atmosphere . Dance on one of the largest dance floors in the mid-Atlantic region. Local and international DJs spin everything from popular music including remixes and mashups to house and other popular electronic songs. Most nights, free cover till 10:30pm.



Location: 500 Granby Street

Hours: Mon-Sun, 11am-til

Baxter's Sport's Lounge is the perfect place to watch the game. It is one of the largest bars in Norfolk, and with the large number of oversized TVs and spacious seating, Baxter's offers the best experience for the sports enthusiast.

Baxter's Sports Lounge is located in downtown Norfolk at 500 Granby Street. Located 1 block south of Brambleton Avenue in between Charlotte and Bute Street. Baxter's is in the middle of Hampton Road's hottest entertainment district being directly adjacent to the Norfolk Scope, and Chrysler Hall.